













# **Nutrition Facts**

Serving Size – 3 oz

Calories 180				
Calories from Fat 60				
Total Fat 7g	11%			
Saturated Fat 1.5g	8%			
Trans Fat 1g				
Cholesterol 35mg	12%			
Sodium 440mg	18%			
Total Carbs 13g	4%			
Dietary Fiber 1g	4%			
Sugars 0g				
Protein 13g				
Vitamin A 0%	Calcium 2%			
Vitamin C 2%	Iron 4%			
Milk	Contains			
Soybeans	Contains			





## Fully Cooked Breaded Popcorn Chicken 5/2 Lb

**Product Description** - Our Fully Cooked Great American Chicken Is Made With White Meat Chicken, Contains No Msg And Is An Excellent Source Of Protein. Heat And Serve. Quick And Convenient.

Product Code - 74055 GTIN - 10096423740552

#### **Master Case**

Piece Count	Net Weight	Gross Weight
	10	11.2
Width	Length	Height
12.25"	14.25"	6.5"
TI	н	Cube
10	9	0.66 cubic ft

#### Storage

Shelf Life	Storage Temp	Storage Method
365 days from production	Storage Handling: -10°F-0°F	Keep Frozen

### **Preparation**

Place Frozen Popcorn Chicken On Microwave Safe Plate. Heat Uncovered On High For 1 To 2 Minutes.

Preheat Oven To 400'F. Spread Frozen Popcorn On A Baking Sheet. Heat 18 Minutes Turning Popcorn After 10 Minutes.

#### Ingredients

Chicken Breast With Rib Meat, Water, Modified Food Starch, Salt, Sugar, Sodium Phosphate, White Pepper, Onion Powder, Garlic Powder. Battered With: Water, Enriched Wheat Flour (Enriched With: Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Whey, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Spice, Garlic Powder, Oleoresin Paprika. Breaded With: Enriched Wheat Flour (Enriched With: Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Monoglycerides, Soybean Oil, Oleoresin Paprika. Breading Set In Vegetable Oil.

Wheat Contains

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.